

What does  
**Divorce with Dignity**  
really mean?

**Taking a spouse to divorce court** often results in spiraling costs which consume large portions of the marital estate, as well as a huge emotional toll. Now couples can choose to resolve their disputes through mediation and achieve an equitable outcome that fairly allocates resources and responsibilities. Research shows that, compared with adversarial divorces, mediating couples are more likely to be satisfied with the outcome, likely to spend less time and money on their divorce, and less likely to need to return to court later. Couples who mediate their divorce save both financial and emotional costs of a litigated divorce.

**Divorce with children** - by enabling couples to maintain a working relationship, mediation helps children overcome vulnerability to emotional distress that is inherent when their parents divorce.

As a family mediator, I am familiar with the divorce and child support issues that relate to Colorado cases.



I also specialize in providing post-divorce mediation services. Changes in circumstances as well as the child's age may necessitate new arrangements. I provide mediation to families, stepfamilies, domestic partners, grandparents, and extended families.

**Divorce with Dignity**

**Tami Graham, M.A.**

**Family Mediator**

**970.759.9716**



**Tami Graham** is a 5<sup>th</sup> generation Coloradoan and has lived in southwestern Colorado since 1984. She received her Masters Degree in Transpersonal Psychology, with Graduate Certificates in both Organizational Leadership and Conflict Resolution from JFK University in Orinda, California. She's had an active training, facilitation and mediation practice since 2001. Tami has mediated dozens of divorce, separation, business, workplace, business and community conflicts.

In 2002, Tami completed a 40-hour family mediation training with CDR Associates in Boulder, Colorado, an international leader in mediation training.

She has served on numerous non-profit boards and has been the Executive Director of Animas Conservancy Land Trust, KDUR Community Radio, and Braided River Mediation Center in Durango, Colorado. She also worked on staff with the East Bay Mediation Center in Berkeley, California.

She was awarded Woman of the Year at Fort Lewis College in 1996 for her leadership as the General Manger of public radio KDUR FM.

**Serving  
Southwestern Colorado  
since 2001**

**Free initial consultation  
970.759.9716**

## What is mediation?



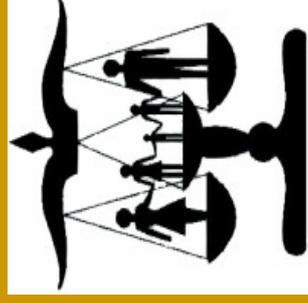
**Mediation is a court-approved process** in which an impartial trained person, called a mediator, encourages and facilitates the resolution of a dispute between two or more parties. It is an informal and non-adversarial process, with the objective of helping parties reach a mutually acceptable and voluntary agreement. 90% of clients who voluntarily choose mediation are able to come to an agreement. Mediation clients self-select to succeed. Why not you?

The role of the mediator is to help clients explore options and their consequences. The mediator does not make decisions for, or impose decisions on clients.



*Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen.*

- Sir Winston Churchill



## Advantages of mediation over litigation include:

- ◇ Generally faster and less costly
  - ◇ Voluntary, private and confidential
  - ◇ Facilitates creative and realistic solutions
  - ◇ Allows parties to control their agreements
  - ◇ Eliminates a win-lose atmosphere and result
  - ◇ Provides a forum for addressing future disputes
  - ◇ Fosters communication and helps mend relationships
- Nearly all cases (97+%) settle sooner or later without going to trial, therefore you can save yourself tens of thousands of dollars of legal costs by starting the mediation process early. Does it really make sense to invest large sums in a litigation process that will eventually lead to a similar resolution, but with a financial and emotional cost that may never be recovered?

## Specific Family Mediation services offered:

- Divorce
- Separation
- Spousal Support
- Maintenance
- Child Custody & Support
- Parenting Time
- Parent/Teen Issues
- Post-Divorce Issues
- General Communication

Also available to assist with paperwork and explain the overall divorce process.

**Tami Graham, M.A.**  
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**For more information:**

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